



**Armidale abuzz with great family and parenting ideas  
in National Families Week 2008 (11-17 May)**

**Parenting workshops by an acclaimed educator, information displays and an art exhibition will be held in Armidale to highlight the importance of families during National Families Week (11-17 May).**

Armidale Family Support Services, in concert with other leading State Government and community organisations, have joined together to organise a week of ideas and information for families and professionals who work with families.

Robin Grille, a father, a psychologist in private practice and a parenting educator, will be in Armidale presenting **two workshops**:

- 15 May (11am-4pm, \$25 reg.), a one day workshop, “Parenting for a Peaceful World” and “Attachment, the Brain and Human Happiness” for professionals working with young children and their families.
- 16 May (10am-2pm, \$10 reg.) a one day workshop on Friday for parents and caregivers, “Attachment, the Brain, Human Happiness and Connecting with Your Toddler and Young Child”.

RSVP for either workshop by 13 May to Sabine Altmann (Benevolent Society, 67714700, sabinea@bensoc.org.au) or Zoe Miller (Armidale Family Support Service, 67727243, armfss@optusnet.com.au).

Robin’s first book: ‘Parenting for a Peaceful World’ (2005) has received international acclaim. His second book, ‘Heart to Heart Parenting’ (ABC Books, April 2008), is based on ten years’ research in child development and developmental neuropsychology, and twenty years’ experience as a psychotherapist.

There will also be a **display in the Armidale Mall** for family and community service organisations to showcase their support services – with some ‘colour’ provided by a face-painter. Robin Grille will also be available to sign books. This will be on 16 May from 2.45pm – 4pm.

An **art exhibition by local schools** on a fun time that the children had with their family will be exhibited at the New England Art Gallery in the Mall. There will be an opening on 16 May between 2.45 pm – 4pm.

Families Australia Chief Executive Brian Babington said that “these fantastic events are among hundreds to be held across Australia during National Families Week. In New South Wales, over 33,000 people will celebrate the vital importance of families in National Families Week events.” For interviews with Brian Babington, contact Families Australia on (02) 6273 4885.

**Go to [www.familiesaustralia.org.au](http://www.familiesaustralia.org.au) for a full list of public events in NSW and nationally a NFW Ambassadors a ideas for better work-family balance a registered public events listed by State/Territory and a the NFW 2008 logo**