



WARM HEART  
COOL HEAD

BRIGHT  
FUTURE

## HOW DO WE INSPIRE YOUNG PEOPLE? • HOW SHOULD WE TEACH? • HOW CAN WE HELP?

We are thrilled to announce our new event for 2012! *Young Minds* will focus on developing the hearts and minds of young people and comes to you from the producers of the highly acclaimed *Happiness & Its Causes* and *Mind & Its Potential* conferences which have attracted 16,000+ delegates over the past 7 years.

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### EARLY BIRD AND PARTNER DISCOUNTS ARE AVAILABLE!

Book before 23 March and save \$200 on the 2 day conference and \$340 on the gold pass!

Book before 11 May and save \$100 on the 2 day conference and \$170 on the gold pass!

Book before 1 June and save \$50 on the 2 day conference and \$85 on the gold pass!

**PLUS as a conference partner, Families Australia members and contacts are eligible for a further 10% discount on the conference. Simply call (02) 8719 5118 to register.**

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NOTE: YOUNG PEOPLE UNDER 21 ARE ENTITLED TO 50% OFF CONFERENCE FEES!

### CONFERENCE HIGHLIGHTS!

- **The science of thriving:** Hear the latest research into positive emotions with world-leading psychologist **Barbara Fredrickson** and explore will power and self control with renowned social psychologist **Roy Baumeister**.
- **Inspiring personal stories:** Be engaged by two amazing young people - intrepid solo sailor and Young Australian of the Year 2011 **Jessica Watson** and the UK's **Fraser Doherty**, a highly successful young entrepreneur.
- **Awakening young hearts and minds:** Explore how young people can cultivate warm hearts with leading Western meditation teacher **Lama Surya Das** and discover how to keep children's brains curious with world authority on the neuroscience of how the brain learns best **Judy Willis**.
- **Key issues in youth mental health:** Examine the key issues in youth mental health with Australia's leading researchers and advocates **Patrick McGorry**, **Ian Hickie** and **Jane Burns**. Hear from leading youth advocates from Inspire, Reach, MindMatters and more.
- **The art of happy parenting:** Be entertained by popular UK social commentator on family fatigue and stress **Tom Hodgkinson** and much loved comedian **Judith Lucy**. Discover how to be an eco-parent with children's advocate and author **Jane Hanckel**.
- **Ethical young minds:** Explore approaches to teaching ethics to children with leading ethicist **David Seedhouse**. Be stimulated by a conversation with Australia's most popular children's author **Andy Griffiths** on the treasure in a good book.

W: [www.youngminds.org.au](http://www.youngminds.org.au) • T: +61 2 8719 5118